

VHF Radio Procedures Sailing Yacht Helena

When the ship or a person is in *great and imminent danger*

ONLY on authority of the captain



Switch on the VHF by pushing the white “Power” button on the main unit.

Push and hold distress button on front of main unit or on back of command mic for 5 sec!

(5 short beeps should change into 1 long beep)

Wait for acknowledgement on CH 70. The unit will change to CH16. If no acknowledgement is received within 30 seconds, switch to channel 16 by pushing the blue button with “16” on the main unit or the command mic.

Stay calm, speak loud but slowly and clearly, while pushing transmit button on the side of the microphone during the entire broadcast:

- 1. Mayday, mayday, mayday**
- 2. This is sailing vessel Helena, Helena, Helena**
- 3. Pappa echo four two three eight**
- 4. Mayday Helena**
- 5. In position ... degrees ... North/South and ... degrees ... East/West**
- 6. Describe the distress (ie “Man overboard” or “We are sinking” or “fire on board”)**
- 7. We require immediate assistance**
- 8. We have ... persons on board/I am alone on board**
- 9. Any other information (ie “Abandoning ship”, “Firing distress rockets” etc)**
- 10. Repeat position ... degrees ... North/South and ... degrees ... East/West**
- 11. Over**

Let go of the transmit button and listen for a response. If no response is heard within 1 minute:

Repeat distress call

VHF Radio Procedures Saling Yacht Helena

Urgent communication regarding the safety of the ship or crew



Switch on the VHF by pushing the white “Power” button on the main unit.

Switch to channel 16 by pushing the blue button with “16” on the main unit or the command mic.

Broadcast the following when there is **NO** great and imminent danger for any person or the ship.

Stay calm, speak loud but slowly and clearly, while pushing transmit button on the side of the microphone during the entire broadcast:

- 1. Pan, Pan, Pan**
- 2. All stations, all stations, all stations**
- 3. This is sailing vessel Helena, Helena, Helena**
- 4. Pappa echo four two three eight**
- 5. In position ... degrees ... North/South and ... degrees ... East/West**
- 6. Describe the distress (ie “Mast overboard”, “propellor fouled” or “medical emergency”)**
- 7. Give further information (ie “deploying anchor”, “drifting south towards a reef” etc.)**
- 8. Describe type of assistance required (ie “medical assistance”, “need urgent tow” etc.)**
- 9. Over**

Let go of the transmit button and listen for a response. If no response is heard within 1 minute:

Repeat urgency call